

# Pat Ricalde, DDS, MD, PA

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## PRE-OPERATIVE INSTRUCTIONS FOR OFFICE SURGERY

If you are to receive a sedative prior to your surgery, these steps should be followed:

RULE #1. **NOTHING** to drink or eat for at least 8 hours

prior to your appointment. (NO water, food or drink).

RULE #2. **SOMEONE** must drive you to and from your appointment and must remain in the office during your surgery. No-one may accompany the patient to surgery due to our operational conditions.

**DO** wear a short sleeve shirt the day of your surgery.

**Do** take your routine medication unless instructed otherwise by your MD.

**Do** have an ice bag ready for when you return home.

**Do** have a parent or guardian if you are a minor.

**Do NOT** wear make up (for women) .

**Do NOT** bring small children with you.

**Do NOT** wear hard contact lenses for surgery. (Soft lenses are okay) . If you must, please bring a container to place your hard lenses into.

**Do NOT** put them back in your eyes until 3 - 4 hours after surgery.